

CLAY CENTER MIDDLE SCHOOL CROSS COUNTRY MEET INFORMATION

Date: Tuesday, September 13, 2011

Clay Center, KS

DIRECTIONS: Take I-70 west from Topeka towards Manhattan. Take the KS-177 exit north via Exit 313 towards Manhattan. When you cross the Kansas River to get into Manhattan, take the Ft. Riley Blvd./Tuttle Creek Blvd. ramp exit. Turn left from the ramp onto Tuttle Creek Blvd. Tuttle Creek Blvd. is Highway 24. Take this 15 miles north out of Manhattan. Turn left on US-77 north/US-24 west/Madison Rd. Continue on US-77 north/Madison Road north for 9 miles. Turn right on KS-82/Calvary Rd. and drive for 4 miles. Turn left onto Barton Rd./US-24 and drive for 11 miles. After about a ½ mile, turn right onto 9th St. in Clay Center. The address of the school is 1630 9th St., Clay Center, KS, 67432.

MIDDLE SCHOOL RACE TIMES:

7 th Grade Girls	4:00pm	1 mile
7 th Grade Boys	4:20pm	1 mile
8 th Grade Girls	4:40pm	1 mile
8 th Grade Boys	5:00pm	1 mile
Award Ceremony	5:30pm	

WRMS Records for Clay Center Meet

7 th Boys	No records exist – first time at this meet
7 th Girls	No records exist – first time at this meet
8 th Boys	No records exist – first time at this meet
8 th Girls	No records exist – first time at this meet

Medals will be given out to the top 10 in each race in the awards ceremony. But everyone will medal in this race. If you are not in the top 10, you will get your medal at the end of the chute. No team scoring will be kept at this meet. However, Coach Pierce will score the points after the races for statistical purposes. Most of the course will be marked with a painted white line. The course will also be marked with orange utility flags.

PARTICIPATING MIDDLE SCHOOLS: 15 teams: Abilene, Anthony (Manhattan), Chapman, Concordia, Eisenhower (Manhattan), Fort Riley, Junction City, Lindsborg, Marysville, Riley County, Sacred Heart (Salina), Southeast of Saline (Gypsum), Wamego, Washburn Rural, and Clay Center.

A white painted line and orange utility flags will serve as a guide throughout the course.

This meet is a middle school meet only. **We will leave school by 12:50pm and arrive at Clay Center to warm up and jog the course. 7th graders will get out of class at 12:35. All 8th graders will quickly eat 1st Lunch. All students should report to the locker rooms and change to get ready to leave. Students need to talk with their 6th and 7th hour teachers and tell them they will be gone and hand in any homework due that day and get work that will be missed.**

Athletes are allowed to bring their own snacks and drink. Please **no** glass containers.

We will be stopping after the meet to eat in Manhattan at Wendy's and/or Taco Bell at Tuttle Creek Blvd. and McCall Road. **Athletes are responsible for their own meal money.**

Dress for cold and wet weather. The school issued sweats and uniforms will be worn at all meets. You may also wear your Washburn Rural apparel that you bought.

If the athlete is not riding the bus home, the athlete AND his/her parent must sign out with a coach before leaving. Athletes may leave ONLY with their parent/guardian. NO EXCEPTIONS! Athletes may leave after their race.

ESTIMATED time home is **8:30 pm.** BUT please be available for a phone call anytime after **7:00pm** in case we arrive back early.

TEAM/INDIVIDUAL PICTURES WILL BE THIS FRIDAY, SEPTEMBER 16th. Athletes will wear their uniforms for pictures. Please bring both your uniform top and bottom and complete set of sweats for the team picture.

Thanks,
Coach Jeff Pierce
Coach Christi Evans
Coach Amanda Danielson